



LAY STAKEHOLDERS IN SCIENCE AND RESEARCH

ISSUE 11 Special Edition

**The Lay Stakeholders In Science And Research Stepped Up
To The Task
Thank You For Volunteering!**

Lay Stakeholder Science and Research Awards and Recognition 2021

Many know that the mission of the AHA is to be a relentless force for a world of longer, healthier lives, regardless of race, ethnicity, gender, religion, age, language, sexual orientation, national origin and physical or cognitive abilities. We are committed to ensuring that our patient representatives reflect America's diverse populations.

This year the **Volunteer Service Award** was presented to 160 vetted lay stakeholder volunteers who reflect the high standard of business conduct representing the hallmark of AHA in their commitment to support a culture of openness, trust, and integrity in science and research. Active or waiting to serve, you have been passionate about working with science volunteers and dedicating yourself to pursuing the mission of healthy lives

Congratulations to all!

[View a recording](#)

[Awardees](#)

If you did not receive a certificate please let us know.

The **AHA Lay Stakeholder Task Force on Science and Research** has broad responsibility for the engagement of lay stakeholders in all aspects of the AHA research enterprise.

2021 – 2022 Members

Bernie Dennis, Chairperson, Richard James, Jackie Ng-Osorio, PhD, Sally Powers, Tara Robinson, Larry Sadwin, Shirley Yoshida



On the Radar

- **Recruitment** - Regional education on lay volunteer nominations and selection.
- **Leveraging Lay Stakeholders** – Task Force interviews with scientists to determine how lay stakeholders contribute to science and research and how best to leverage lay representatives.



American Heart Month 2022

[A Proclamation on American Heart Month, 2022 | The White House](#)

Now's the time to

Reclaim Your Rhythm and take back control of your physical health and mental well-being. The American Heart Association is helping people create healthy

Call To Action:

Healthy Living: Mellow Out and Reduce Stress

Managing stress means managing your health, so reclaim control of your schedule and build in time to invest in a healthier "you."

Healthy Living: Move to the Groove

One of the keys to better health and mental well-being is getting back into the rhythm of an active lifestyle.

Healthy Living: Feed Your Soul, Rock Your Recipes

Eat meals as a family or with friends to connect and decompress, reduce stress and boost self-esteem. Help your community reclaim their rhythm by learning the 2 simple steps of Hands-Only CPR. Learn the steps [GET BACK INTO THE GROOVE WITH THESE TIPS](#) Find healthy recipes

Patients: Stay on Beat and Know Your Blood Pressure Numbers

Self-measure and manage your blood pressure to prevent strokes and heart attacks

Keep the Beat: Learn Hands-Only CPR

Help your community reclaim their rhythm by learning the 2 simple steps of Hands-Only CPR

MILESTONES

Want to know which applicants received awards?

Click here to find out [Research Accomplishments](#).

Want to know if the Guidelines you were working on was published?

Click here to [search](#)

VOLUNTER OPPORTUNITIES

If interested in serving please contact

Elizabeth.Cooper@heart.org or Angela.McCarty@heart.org