

Unmet Needs in Hypertension Treatment Options

TOPIC SUMMARY

Hypertension increases with age and treatment-resistant hypertension exists within the US population. Participants in this course, supported by an independent medical educational grant from Medtronic, will learn about treatment and management options for patients with resistant hypertensive, how to address health care disparities in treatment and management, and shared decision-making strategies to improve health equity. Earn CE and ABIM MOC credit

LEARNING OBJECTIVES

After completing this activity, participants should better be able to:

- Recognize established and emerging treatment options for patients with resistant hypertension.
- Identify healthcare disparities in care provided to patients with hypertension.
- Apply shared decision-making strategies to improve health equity by better engaging patients in health care decisions through the development of improved patient-provider communication skills.

DISCLOSURE STATEMENTS

All persons in a position to control educational content of a CE activity provided by the American Heart Association must disclose to the audience all financial relationships with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. The presence or absence of all financial relationships will be disclosed to the audience in activity materials. All unlabeled/unapproved uses of drugs or devices discussed will also be disclosed to the audience. All relevant financial relationships have been mitigated prior to the commencement of the activity.

PLANNING COMMITTEE/AUTHOR DISCLOSURE STATEMENTS*

Faculty Member	Employment	Research	Independent Contractor (including contracted Research)	Consultant/ Advisory Board	Royalties or patent beneficiary, executive role, ownership interest	Stock/ Stock options	Speaker
Natalie A. Bello, MD, MPH, FACC	Director of Hypertension Research, Smidt Heart Institute Cedars-Sinai	N/A	N/A	GSK (CEC Committee member)	N/A	N/A	N/A
Sondra DePalma, DHc, PA-C, DFAAPA	Director, Regulatory & Professional Practice AAPA	N/A	N/A	N/A	N/A	N/A	N/A
Mulubrhan Mogos, PhD, MSc	Vanderbilt School of Nursing	N/A	N/A	N/A	N/A	N/A	N/A

Faculty Member	Employment	Research	Independent Contractor (including contracted Research)	Consultant/ Advisory Board	Royalties or patent beneficiary, executive role, ownership interest	Stock/ Stock options	Speaker
Joseph A. Diamond, MD, FACC, FAHA, FASNC	Director, Nuclear Cardiology, Department of Cardiology Long Island Jewish Medical Center	N/A	N/A	N/A	N/A	N/A	N/A
Erika R. Drury, MD	Assistant Professor of Medicine Division of Nephrology, University of Rochester School of Medicine	N/A	N/A	N/A	N/A	N/A	N/A
George Bakris, MD	Professor of Medicine Director, American Heart Association Comprehensive Hypertension Center University of Chicago Medicine	N/A	N/A	Merck, Bayer, KBP, Biosciences, Ionis, Alnylam, Novo Nordisk, Quantum Genomics	N/A	N/A	N/A
Alvin Washington, MD	Medical Writer	N/A	N/A	N/A	N/A	N/A	N/A

TARGET AUDIENCE

- General Cardiologists
- Nephrologists
- Hypertension Specialists
- Internal Medicine Physicians
- Primary Care/Family Medicine Physicians
- Physician Assistants involved in the care of patients with hypertension
- Nurse Practitioners involved in the care of patients with hypertension
- Nurses involved in the care of patients with hypertension

CE CREDITS

AMA Credit Designation Statement - Physicians

The American Heart Association designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

MOC Statement

Successful completion of this CE activity, which includes participation in the evaluation component, enables the participant to earn up to 1.00 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CE credits claimed for the activity. It is the CE activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

AAPA Credit Acceptance Statement – Physician Assistants

AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit*[™] from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 1.00 hours of Category I credit for completing this program.

AANP Credit Acceptance Statement – Nurse Practitioners

American Academy of Nurse Practitioners (AANP) accepts *AMA PRA Category 1 Credit*[™] from organizations accredited by the ACCME.

***AMA Credit must be claimed within 6 months of attendance.*

ANCC Credit Designation Statement - Nurses

The maximum number of hours awarded for this CE activity is 1.00 contact hours.

***ANCC Credit must be claimed within 6 months of attendance.*

RECEIVING A CERTIFICATE OF ATTENDANCE OR CLAIMING CE CREDIT

Each attendee must successfully complete the following steps:

1. Attend the presentation.
2. Complete the Attendance Verification Form and return to the presentation coordinator.
3. Complete the online Evaluation Survey
4. Claim your CE Certificate

The presentation coordinator will hand out instructions on completing the online Evaluation Survey and Claiming your CE Certificate

IMPORTANT CONTACT INFORMATION

For continuing professional education/accreditation questions, please contact the AHA National Engagement Center.

- Telephone: 888.242.2453 (between 8AM-5PM CT)
- Email: learn@heart.org

This activity is supported by a medical educational grant from Medtronic.