# Nursing Symposium 2026 Categories and Definitions

You MUST select at least one category; this is mandatory. You MAY also select a "Secondary Category"; **the additional category is optional**. Do NOT select an additional, secondary category if it does not fit your submission.
*Note: There may be some overlap of definitions/terms among categories. Please aim for topic specificity as much as possible.*

**Acute Ischemic Stroke Management**
Focuses on emergency medical management, including neuroprotection, thrombolysis, adjunct therapies and advanced revascularization techniques.

**Arteriosclerosis, Thrombosis, and Vascular Biology**
Focuses on vascular processes and risk factors—such as atherosclerosis and thrombotic events—that contribute to stroke.

**Brain Health and Cognitive Impairment**
Covers basic, clinical, experimental, and population-based investigations into relationships between stroke, cerebrovascular disease, and cognitive outcomes. Explores neuroimaging correlates and predictors of cognitive impairment, with a particular (but not exclusive) focus on small vessel disease and vascular dementia.

**Cerebrovascular Systems and Multidisciplinary Models of Care**
Reviews integrated care models designed to optimize stroke treatment across various healthcare settings.

**Epidemiology, Risk Factors, and Prevention**
Examines population studies, disease patterns, established and emerging risk factors, and preventive strategies, emphasizing public health approaches.

**Global Stroke Disparities and Equity**
Examines worldwide social determinants of cerebrovascular health, strategies for improving access to evidence-based care in culturally relevant ways, and efforts toward achieving greater equity in stroke outcomes.

**Health Services, Quality Improvement, and Patient-Centered Outcomes**
Explores strategies to enhance healthcare delivery and research design and ensure treatments align with patient needs and experiences.

**Hemorrhagic Stroke Treatment**
Dedicated to the latest approaches for managing intracerebral and subarachnoid hemorrhages.

**Imaging in Stroke**
Explores advances in neuroimaging techniques for stroke diagnosis, management, and prognosis.

**Molecular and Cellular Brain Science**
Explores the cellular and molecular foundations of stroke, deepening our understanding of neurobiology and pathophysiology.

**Neurocritical Care and Complex Brain Physiology**
Addresses the intensive care of stroke patients, including advanced monitoring, interventions, and long-term outcomes.

**Neuroimmunology and Inflammation in Stroke**
Investigates how immune and inflammatory processes influence stroke onset, acute pathological evolution, and recovery, opening doors for new therapeutic targets.

**Neurointervention**
Focuses on endovascular and surgical neurointerventional strategies in stroke and neurovascular conditions.

**Omics, Big Data, Precision Medicine, Bioengineering, and Artificial Intelligence**
Highlights genomic, proteomic, and computational strategies shaping personalized stroke care. Showcases how technology and data-driven tools are transforming stroke diagnosis, treatment, and research, as well as how digital solutions and telehealth are reshaping both acute and long-term stroke care.

**Pediatric Stroke**
Dedicated to the unique pathophysiology, challenges, and treatment protocols for stroke in children.

**Post-Stroke Care**
Covers best practices for stroke units, secondary prevention, and long-term management strategies.

**Practical Updates and Clinical Conundrums**
Features case-based discussions and expert panels addressing real-world challenges in stroke management.

**Psychosocial and Behavioral Aspects of Stroke**
Examines mental health, behavioral challenges, and social support systems crucial for stroke recovery.

**Regenerative Medicine and Novel Therapeutic Strategies**
Explores emerging treatments such as stem cell therapy, human-machine interfaces/devices, and novel drug delivery methods aimed at repair, functional recovery, and regeneration.

**Rehabilitation and Recovery**
Highlights innovative rehabilitation methods and long-term support strategies for stroke survivors.

**Translational Research, Therapeutic Development, and Biomarkers**
Bridges basic science with clinical practice by highlighting innovative therapies and the discovery of new biomarkers.

**Vascular Malformations, Aneurysms, Moyamoya, and Other Vascular Conditions**
Addresses congenital and acquired vascular anomalies, their impact on stroke risk, approaches to care, and outcomes.

# State-of-the-Science Stroke Nursing Symposium 2026 Abstract Submission Guidelines

**Rules for Submission of Abstracts**

**Author Name(s)**

1. If an author's name appears on more than one abstract, it must be identical on each abstract.
2. The submitting author is designated as the presenting author. You may change who is presenting the abstract on the "Authors" step of the submission site. You may rearrange the order of the authors; however, the senior author must always be listed last. The presenter must be an author of the abstract.
3. There is no limit to the number of abstracts an investigator may submit. If selected, the presenter must be one of the co-authors listed. If multiple submissions are accepted, the presenting author must resolve schedule conflicts by arranging for a co-author to present.
4. **Additions or deletions of author names will not be permitted after August 19, 2025, 11:59 pm EDT.**

**Abstract Requirements**

1. Abstracts must be an original idea, concept, or an improvement or revision of an old idea.
2. Abstracts must be submitted in the final format. NO changes to content can be made after August 19, 2025, 11:59 pm EDT. Abstracts may not represent a work in progress.
3. Abstracts that have been presented or will be presented at any national or international meeting prior to February 3, 2026 will not be considered.
4. **The same abstract may be submitted for both ISC and the Stroke Nursing Symposium, but it can only be accepted for and presented at *either* ISC *or* the Nursing Symposium.**
5. The material has not been published as a full paper prior to its submission to the Stroke Nursing Symposium 2026 or the International Stroke Conference 2026.

**Abstract Data**

1. Abstracts should address clinical quality initiatives, projects or policies from professionals that are pioneers in improving the quality of care and outcomes for persons with or at risk for stroke.
2. Abstracts may also address issues in development or maintaining a stroke program.
3. Abstracts with research findings should be submitted to the International Stroke Conference in the appropriate category.
4. Because of the large number of submitted abstracts, **resubmission of an abstract to make revisions is not permitted after August 19, 2025, 11:59 pm EDT.**
5. To ensure that the abstract receives proper scientific consideration, please make sure that the abstract is submitted to the appropriate category. A list of the abstract categories and their definitions is available on the submission site.
6. Proofread abstracts carefully to avoid errors before submission. No proof pages will be sent to authors. <span style="color:red">**Revisions to abstracts will not be permitted after the August 19, 2025, 11:59 pm EDT submission deadline.**</span>

**Use of Automated Assistive Writing Technologies and Tools**

1. The use of automated assistive writing technologies and tools (commonly referred to as artificial intelligence or machine learning tools) is permitted provided that their use is documented, and authors assume responsibility for the content. As with human-generated content, authors are responsible for the accuracy, validity and originality of computer-generated content. Automated assistive writing technologies do not qualify for authorship as they are unable to provide approval or consent for submission.
2. If the use of these technologies has involved the research design, the tools should be documented in the Methods. For additional information, see the World Association of Medical Editor recommendations.
3. For your abstract submission, you will need to indicate the use of these tools.

**Abstract Title**

1. An abstract must have a short, specific title (containing no abbreviations) that indicates the nature of the investigation.

**Abstract Text**

1. Do not begin sentences with numerals.
2. Use generic drug names.
3. Standard abbreviations may be used without definition. Non-standard abbreviations (kept to a minimum) must be placed in parentheses after the first use of the word or phrase abbreviated.

4. **Do not include author or institution names, references, credits or grant support.**
5. Do not include the names or personal information of any patient participating in the study or trial.
6. Abstracts are limited to 2,500 characters (about 500 - 600 words). This includes spaces and punctuation. It does *not* include graphics. Only 3 graphics max per abstract are allowed.
7. Tables must be submitted as graphics. Do not submit a table in Word as it will not format correctly in the online *Stroke* journal.
8. Due to new accessibility guidelines, you must submit a brief description of any and all graphics included in your abstract submission in the appropriate step on the submission site.

**Abstract Grading**

Nursing Symposium abstract grading will be based on the following:

| **The judging criteria for abstract acceptance/non-acceptance is as follows:** |
| --- |
| **Scientific Merit**:<br>The topic is pertinent to the development of knowledge related to stroke clinical practice and is relevant to the purpose of the State-of-the-Science Stroke Nursing Symposium. |
| **Practicality**:<br>The abstract enhances the foundation for clinical decision-making or stimulates thinking about practice applications when caring for the stroke patient. |
| **Organization**:<br>Overall, the abstract is readable and accurately presented and conclusion is valid**.** |
| **Presentation**:<br>The presentation demonstrates an insightful application or a creative and original solution to a clinical practice issue or problem in caring for the stroke patient. |
| **Technical quality:**<br>The abstract must include complete information or outcomes and have scientific backing. (Mentioning that the results will be presented at the meeting is unsatisfactory.) |

| **Research-Based Abstracts** | **Clinical Practice/Program/QI Project Abstracts** |
| --- | --- |
| **Background:** Description of the problem. | **Background and Issues:** A short summary of the issue(s), problem, or specific clinical challenges or controversy, with relevant background and contextual information. |
| **Purpose:** Research questions or hypothesis. | **Purpose:** Clear statement of goal of project is described. |
| **Methods:** Study design, including a description of participants, procedures, measures, and appropriate statistical analyses. | **Methods:** Description of the project or program, clinical intervention(s), analysis plan or criteria used to guide analysis. |
| **Results:** Specific results in summary form. | **Results:** Lessons Learned: A brief description of the findings or lessons learned as a result of the project. |
| **Conclusions:** Major findings are presented with interpretation and implications for stroke management and nursing practice. | **Conclusions:** A brief description of recommended position or approach, or specific recommendations related to the original problem or questions identified. |

**Graphics Guidelines**

1. All graphics (figures) and text-based graphics (tables) should be provided as 72 - 300 dpi; pre-sized .BMP, .GIF, .JPG, or .PNG images only, with a maximum width of 440 pixels (no limit on length). Black-and-white digital images should be in grayscale mode. Color images should be saved in RGB color mode.
2. Only 3 graphics max per abstract are allowed.
3. All graphics will require a brief description of the image.
4. Please Note: If an abstract is accepted for publication, any images submitted with the abstract are placed after the abstract text that will appear in the online only *Stroke* journal, an American Heart Association journal.

## Abstract Revisions

1. **After the August 19, 2025, 11:59 pm EDT deadline, abstracts may not be revised in any way or resubmitted.**
2. **Additions or deletions of author names will not be permitted after August 19, 2025, 11:59 pm EDT.**
3. **Proofread abstracts carefully to avoid errors before submission.**

## Abstract Copyright Transfer Agreement
Abstract Copyright Transfer Agreement will be electronically signed during submission.
- Your selection of "Yes" will grant permission to publish.
- Your selection of "No" will prohibit publication of the abstract in all formats including the online *Stroke* journal, ePoster site, the mobile meeting guide app, and the online program planner.

## Acceptance

1. Abstracts selected will be published online in February 2026 on the *Stroke* journal Web site.
2. All communications regarding your abstract will be sent from StrokProgPart@heart.org. Please make sure to add this e-mail address to your e-mail contacts to ensure important program participant related information gets through your spam filters, etc.
3. If the abstract is submitted to more than one meeting, investigators must include new and scientifically meaningful information/results **at time of submission** to the AHA.
4. **Abstracts accepted for presentation at ISC or the Stroke Nursing Symposium 2026 cannot be presented at another national or international meeting held prior to February 6, 2026.**
5. The work covered by the abstract must not be published **prior to the time of abstract submission. Abstracts associated with a manuscript published between the time of submission and time of presentation may still be presented at ISC or the Stroke Nursing Symposium 2026 but will not be included in the *Stroke* journal abstract publication. Authors must contact AHA staff to be removed from the abstract publication prior to the event.** Please notify AHA staff by sending an e-mail to stroke.program.participant@heart.org.
6. Abstract grading is blinded. Abstracts are selected on the basis of scientific merit and are allocated to oral or poster presentations.
7. Guidelines for presentations will be provided to authors of accepted abstracts.
8. Abstract acceptance/non-acceptance status will be e-mailed to the submitting author in late October to the e-mail address provided during the submission process.

## Abstract Journal Publication
Accepted abstracts having selected "Yes" to the Abstract Copyright Transfer Agreement will be published online in the *Stroke* journal.

## Embargo Policy

Non-late breaking abstracts and presentations are embargoed for release at 5 a.m. ET, Thursday, January 29, 2026, and are therefore prohibited from release until date and time of AHA designated embargo time. You will be contacted by AHA communications if you are selected to participate in an AHA news event.

Written embargoed information cannot be shared with anyone outside of the AHA with the exception of a journal manuscript where one-on-one embargoed media interviews can be conducted as long as the reporter agrees to abide by the embargo policy. Failure to honor embargo policies will result in this abstract being withdrawn and future abstracts also being barred from presentation.

**Abstracts associated with a manuscript published between the time of submission and time of presentation may still be presented at ISC or the Stroke Nursing Symposium 2026 but will not be included in the *Stroke* journal abstract publication. Authors must contact AHA staff to be removed from the abstract publication prior to the event.** Please notify AHA staff by sending an e-mail to stroke.program.participant@heart.org.

Complete AHA Embargo Policy

**Presentation**

1. Request "oral or poster" or "poster only" preferred presentation on the Properties tab of the Submitter Site. The selection of one of these options will neither prejudice acceptance nor guarantee an oral or poster presentation because abstracts will be assigned based on scientific merit and must be arranged to fit into a thematic group for presentation.
2. All Nursing Symposium abstracts accepted for poster presentation will be presented during the International Stroke Conference as the Stroke Nursing Symposium does not include poster sessions.
3. All presentations and question-and-answer sessions will be conducted in English. Presenters may request assistance from the moderator who will repeat or rephrase questions from the audience or may ask a colleague in the audience to help translate.
4. Submission of an abstract constitutes a commitment by the author(s) to present it if accepted. Failure to present, if not justified, will jeopardize future acceptance of abstracts.
5. The American Stroke Association, a division of the American Heart Association, reserves the right to all video or audio recordings of presentations at the State-of-the-Science Stroke Nursing Symposium 2026, Pre-Conference Symposia 2026, and the International Stroke Conference 2026.
6. The presenter is responsible for all expenses associated with the submission and presentation of an abstract (e.g. registration, airfare, lodging, etc.).
7. All oral presentations must be in electronic format. Electronic presentations must be submitted at least 12 hours in advance of the session start time. Instructions will be sent to the presenting author via e-mail in early January 2026.
8. If you are referencing work previously published by another author, please be sure to include a complete citation at the bottom of the appropriate slide.

**Recording Policy:**

1. Unauthorized recording of the AHA Scientific Sessions, scientific conferences, and the AHA/ASA International Stroke Conference, Stroke Nursing Symposium and ISC Pre-Conference Symposia is prohibited, whether by video, still or digital photography, audio or any other recording or reproduction mechanism. This includes recording of presentations and supporting audiovisual materials and of poster presentations and supporting poster materials.
2. The American Heart Association and American Stroke Association reserve the rights to all recordings or reproductions of presentations at AHA/ASA scientific conferences and meetings.

**Abstract Withdrawal**

1. Requests for withdrawal of an abstract must be received in writing by **November 30, 2025**.

### *Nursing Symposium: Writing Good Abstracts*

Many abstracts are submitted to the State-of-the-Science Stroke Nursing Symposium each year. The following suggestions may improve the chances of your work being selected for presentation at the annual symposium.

**Suggestions for writing a better abstract:**

**Title:** To the extent the data permits, make the title dynamic and conclusive, rather than descriptive. For example, "Hypoxia inhibits Kv1.5 channels in rat carotid artery smooth muscle cells" is preferable to "Effects of hypoxia on Kv1.5 channels." Explicit titles denoting the findings should be used (not "Investigations of...," "Studies of...," etc.)

**Structure:** A good Nursing Symposium abstract should have these identifiable sections: Background, Purposes, Methods, Results, Conclusions.

**Category:** You can increase the odds of success by making sure you have selected the appropriate category. The category determines which team grades the abstract. If you select the appropriate category, you are more likely to be graded by peers with similar interests and who are familiar with your work. A complete list of the abstract categories and their definitions is available on the submission site.

**Abbreviations:** Abbreviations may be used after they are spelled out or defined. Use generic, not commercial, names for all therapeutic agents.

**Proofread your work:** Be sure to proofread your work carefully including the author block. If accepted, your abstract will be printed as submitted. **No changes will be allowed to the abstract or the author block after the deadline of August 19, 2025, 11:59 pm EDT**.

**Common mistakes**
1. Failure to state the purpose. It is advisable to formally state: "The purpose of this trial/study/program is…"
2. Failure to state a conclusion. Use a final sentence that reads: "In conclusion,…"
3. Failure to state sample size. The reviewer wants to assess the quality of the data - they need a mean SEM and a sample size.
4. Excessive use of abbreviations. All but the most standard abbreviations should be defined and most abstracts should have < 3 abbreviations.

**Traps to avoid**
1. Typographical errors.
2. References cited in the abstract.
3. Not providing content/statement of relevance that states the rationale for your study.
4. Using complex graphics. Simple line or bar graphs work best. Make sure the font is adequate on each axis to be seen. Check a printed version of the abstract before submission. Tables must be submitted as graphics.
5. Leaving abstract writing until the 11th hour - this increases stress and leads to errors.
6. Duplicated work.

**How to avoid rejection**
Make sure your abstract is clear, concise and follows all rules. Show your abstract to a colleague prior to submission and modify accordingly.

**Abstract Requirements**

1. Abstracts must be an original idea, concept, an improvement or revision of an old idea.

2. Abstracts must be submitted in the final format. NO changes to content will be made after receipt of submission. Abstracts may not represent a work in progress.

3. Abstracts that have been presented or will be presented at any national or international meeting prior to February 3, 2026 or have been submitted to more than one category of the Nursing Symposium will not be considered.

4. The same abstract may be submitted for both ISC and the Stroke Nursing Symposium, but it can only be accepted for and presented at either ISC *or* the Nursing Symposium.

5. The material has not been published as a full paper prior to its submission to the Stroke Nursing Symposium or the International Stroke Conference.

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